

## TRICARE Online Patient Portal

The TRICARE Online Patient Portal (TOL PP) features secure 365x24x7 access to information and services to help you and your family members manage health care received at a military hospital or clinic. Access using your DoD Common Access Card, Defense Finance and Accounting Services myPay, or Premium DoD Self-Service Logon account. Contact Defense Health Agency Global Service Center for assistance at 800-600-9332.



Appointments – Make, change or cancel appointments at your Military Treatment Facility (MTF). Receive email and/or text reminders. View past / future appointments as well as referrals. Obtain appointment instructions.



**Prescriptions** – Request refills or new prescription fills for pick up at a MTF pharmacy location for you and your family members. Check status of prescriptions. Receive email and/or text confirmations with pick up date and time.



Health Record – View or download up to 30 years of personal health data for you and your children under 12 yrs old. Data includes: lab and radiology results; vitals; encounters (with notes); health care artifacts and images; immunizations; medications and allergy profiles; and problem lists. View COVID-19 and influenza lab results, as well as allergy, vital sign and immunizations data for your children ages 12 through 17.





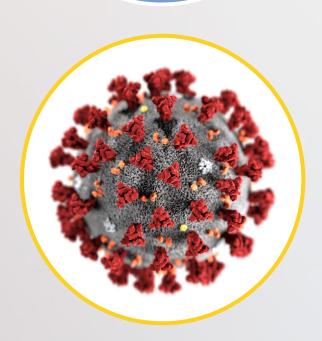
Service Separation/Retirement – Supports separating from active duty to include information about Separation History & Physical Examination and filing a Department of Veteran Affairs disability (VA) claim.



**Secure Messaging** – Single sign on access to communicate securely with your health care team for non-emergency health care advice, request Prescription renewals and receive MTF updates.



Nurse Advice Line – Talk to a registered nurse 24x7. Get health care advice, ask questions or find out if you should obtain care and where.



COVID-19 Resources – Access links to information about COVID-19 symptoms, testing and vaccinations. View guidance on securely sharing COVID-19 details with your provider team via Secure Messaging and using TOL PP to gather Health Record data.



MOBILE ACCESS IS HERE!



Scan the code to the right and bookmark the TOL PP mobile site today!